



NEWSLETTER

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September, 2022

Greetings from The Aura,

“You are outstanding and unique, fix your heart and soul, and you can succeed” said Sangeeta Shankaran Sumesh when we met in August for the session ‘Get High – lessons from high performance women leaders’.

As a business and leadership coach, Sangeeta assists both organizations and individuals in improving productivity levels, overcoming challenges and reaching peak performance. At the Aura, she shared stories of women from mythology and successful women of our times, highlighting the traits of high performance in each one of them.

With a neat presentation, the inspiring speaker set us thinking on what change we want to bring to our lives, to enable one, to get a higher version of oneself in the work we do. There were numerous take aways with tools for self-reflection.

The event was anchored by Aura Artemis with activities to begin the day on a high. Friends, invest in yourself. When you achieve what you want to, you surely get high!





Prelude

Event: A Trip to Amir Mahal

Date: Tuesday, 6th September 2022

Time: 7.30am check-in at Trichy airport

Venue: Chennai.

Its time for new adventure! Time to break out of the shackles of the pandemic and breathe in a bit of new excitement that togetherness can bring.

A year ago, it was our privilege to have amongst us the heir apparent to the Prince of Arcot, on a virtual platform at The Aura. Come September, Nawabzada Asif Ali has extended his invitation to us to visit his abode, Amir Mahal in Chennai.

Amir Mahal is the official residence of the titular Nawab of Arcot and his family since 1876. Situated in Royapettah, a neighbourhood of Chennai, it was constructed in Indo-Saracenic style in 1798 by the British. The residential complex has entertained several political leaders and celebrities over the years.

The wheels are set in motion and the Aura Wagon is now ready to begin the journey to the palace. To make the most out of our time in the metro, we have plans for some fun filled activities after lunch.

Let's together reach out and build within us the joy and camaraderie and strengthen the wall of friendship.



HAPPY BIRTHDAY

Member Speak

'Get High' has been an interesting presentation with traits of high performance creatively explained. The pictorial presentation was very absorbing and very receptive. Connecting the traits of strong female characters like Draupadi and Ahalya, from mythology with similar cotemporary women leaders like Indra Nooyi and Mallika Sreenivasan is innovative.

- Prathiba Sreenivasan

Interesting talk by Ms Sangeeta . Really got high! Lovely games conducted by Meenakshi. Enjoyed the meet, MC was done very well by Subha Devi.

- Bhoma Venkatesan.

Birthdays in September

Farzana	6
Alamelu.P	7
Preethy Aravamudan	7
Shanthi Sukumar	13
Papitha Raja	17
Sunitha Raghavan	18
Kantha Kishore	21
Hema krishnan	28

From The Aura Committee

Block your calendar for
an evening with a celebrity
at the 17th anniversary celebration of
The Aura on 8th October, 2022.

Down memory lane...



February 2017

A 2 day trip to Yercaud

The Executive Committee

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