

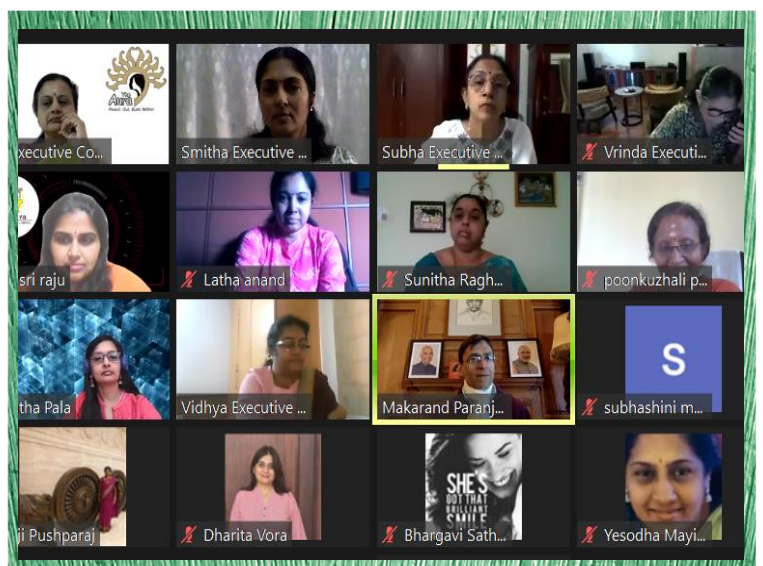
Greetings from The Aura!

The second meeting in January was an inspiring and thought provoking session on Practical Vedanta – ‘Spirituality in daily life’.

The speaker Prof Makarand Paranjape, Director of Indian Institute of Advanced Studies, Shimla expressed his views with his own life experiences and interesting stories. He believes, if we could perform our duties without anxiety, see god in the people around us, then that is Practical Vedanta. The essence of spirituality is oneness, which is realised through love.

A mother awakens the spirituality latent inside her child. So let us create the right atmosphere at home to spread love and oneness in the world.

The speaker left us spell bound with the Madalasa lullaby, which makes one realize the simple fact that nothing is permanent. Our body, our fortune, our relations, everything around is momentary. Then why should greed exist, why should we be tempted towards personal interests?





## Prelude

### Event

#### **Quarantine From Reality Melodies and More**

With  
**Ms Subhasree Thanikachalam**  
Journalist, Writer, Producer

On  
**Wednesday, 17<sup>th</sup> February 2021**  
**@11am**  
**On Zoom**

### #QFR

The secret of change is to focus all your energy, on not fighting the old, but on building the new.

-Socrates

When the pandemic crippled the lives of many, Ms Subhasree Thanikachalam, a top class Journalist, Script writer and Producer thought of a new initiative to lend a helping hand to the entertainment industry. The brainchild behind famous music shows like Sapthaswarangal and Aboorva raagangal, retro shows have been Subhasree's prime focus

Thus, 'Quarantine from reality' a creative music project was born on social platforms. What began as a passion from her home, has now become a brand across the globe. At The Aura, #QFR will be a reminiscence of Tamil and Hindi Cinema with Subhasree. The show will be a walk through the melodious and heart warming era of Kollywood and Bollywood music.

Join in and relive the lives of the musical legends and their unforgettable melodies with untold stories of the Tamil and Hindi Film Music Industry.





# HAPPY BIRTHDAY

## Members speak

Today's session was awesome, the more I contemplate on his words...it opens new facets. Beautiful, worthy time. Thanks a lot.

- Gowshini

This session has led me to total confusion. Actually now questioning my conditioning on impractical practices... in one hand god was saving Arjun but on the other hand little Abhimanya was not saved. Hanuman as a bhakt had super powers, but jatayu also an equal level bhakt was killed by Ravan.

- Rinku Bhagat

More feedback in our Facebook page.

[www.facebook.com/TheAuraTrichy](http://www.facebook.com/TheAuraTrichy)

## Birthdays in February

Kaveri Annamalai	3 <sup>rd</sup>
Tharangini R	4 <sup>th</sup>
Padma Venkatesan	5 <sup>th</sup>
Shanthi S	11 <sup>th</sup>
Vandana Parekh	13 <sup>th</sup>
Jayalakshmi K	13 <sup>th</sup>
Aishwarya Pichumani	19 <sup>th</sup>
Premila Kanagasabai	21 <sup>st</sup>
Bhooma Venkatesan	23 <sup>rd</sup>
Radha Vaidyanathan	24 <sup>th</sup>
Kavitha Narendran	24 <sup>th</sup>

## Announcement by the Aura

**#QFR**

**Join in on time**

**Events of the day**

**Hosted by Aura Aphrodite**

## *Down memory lane*



***Fastrak'07***

***February 2007***

***The Aura's first all women's car rally conducted in Trichy in association with Madras Motor Sports Club, Chennai.***

### **The Executive Committee**

Mythily Ramanan	98430 54925
Rajalakshmi Rajesh	97910 13401
Rajeshwari Ramakrishnan	2415687
Subha Rengarajan	98424 08099
Vidhya Madhan	99444 52100
Vrinda Ramanan	94432 59747
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### **Reach us at**

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