

Stand Up Live

A cool November morning, members turned out in good numbers, all in the mood to 'koothadichify' as our guest Stand Up comic **Abhishek Kumar** would say. Right from the word go, it was laugh riot as Abhishek made an instant connect with the audience. The rapid fire round at the end of the session by Kaveri drew out more humour from the youngster. In all, it was a fun day with Mrs Janaki aka Abhishek Kumar.

We met again on the 27th of November for an inspiring talk on **Self Leadership**, by none other than TEDx speaker and world champion of public speaking, **Mr Aditya Maheshwaran**.

In a crisp and coherent presentation, Aditya made us introspect on how we can elevate our roles and identify our blind spots. Neurons that wire together bind together. Let's rewire our brain to build new neural pathways that help us achieve our goal. It was yet another interactive and enriching evening at The Aura.



Zoom in for 2 events in December!



Event 1

Dot Mandala Art

With

Mrs Aiswarya Balaji

On

Tuesday, 8th December

2020

@11am

Prelude

Event 2

Image Management for Greater Success

Guest : Ms Suman Agarwal

(Co-founder of Image Consulting
Business Institute.)

**On Tuesday, 29th Dec 2020
@ 11am**



A very talented artist and entrepreneur Aiswarya Balaji from Bengaluru will join us for a 2 hour art workshop to paint a dot mandala.

Dot painting originated from aboriginal Australia and a Mandala in Sanskrit means a circle representing the universe. Here, you get to blend both these art forms in a therapeutic fashion.

Psychologists agree that creating mandalas has a calming, focusing effect on the psychological state of the artist.

Sometimes all you need is a little splash of colour to brighten your day.

Today, women have bypassed all stereotypes and have shown that they are extraordinary managers at home and at work. **Suman Agarwal** our guest, who exemplifies all the qualities of an empowered woman, will share her insight on the elements of a winning image

Suman, is an Image evangelist, author, TEDx speaker and the President of Image Management Professionals Association. Being the senior most Image consultant in the Indian Subcontinent, She has touched many lives through her consulting services in India and abroad. Meet the lady with an unstoppable mission!



HAPPY BIRTHDAY

Guest speak

Thanks for inviting me to be part of your community. I was inspired by the passion and eagerness to learn and commitment to grow in all your members. I could see a sense of purpose in everyone, especially the core committee members with whom I interacted more closely. The world needs a better breed of leaders and I believe it starts with like-minded people coming together to elevate each other, which is what The Aura seems to be about. I hope the session was helpful.

Aditya Maheshwaran

More feedback in our Facebook page.

www.facebook.com/TheAuraTrichy

Birthdays in December

Lakshmi S	2 nd
Shoshan Cherian	2 nd
Shanu Khanna	3 rd
Chandrakala Gidia	7 th
Ranu Palsani	10 th
Aarathy N	11 th
Champa Kalkura	15 th
Bhargavi Sateesh	20 th
Kumudha V	22 nd
Subhashini V	30 th

Announcement by the Aura

Dot Mandala Kits have been couriered to all our members.

Please be on time for the meeting with your kit.

Down memory lane



'Rhythm of the Soul'

**Bharathanatyam workshop
With
Mrs Mala Bharath
December 2019**



The Executive Committee

Mythily Ramanan	98430 54925
Rajalakshmi Rajesh	97910 13401
Rajeshwari Ramakrishnan	2415687
Subha Rengarajan	98424 08099
Vidhya Madhan	99444 52100
Vrinda Ramanan	94432 59747
Smitha Ananth	94438 40990

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