



THE AURA

NEWSLETTER 106

February 2016

WHAT WENT BEHIND

The trek to Thalamalai was a testimonial to the indomitable spirit of the Auraites. Waking up in the wee hours of the morning, we assembled at Hotel Sangam and drove down to the base of the hill. The 20 ladies cheerfully started marching up, in single file armed with backpacks, coolers, smart hats and naturally sourced hiking sticks. The hot weather, the rocky terrain and the steep climb did not deter our excitement and enthusiasm. The 2500 feet climb to the top of the hill was no mean effort considering that most of the women were first time trekkers. The picnic lunch and the quaint temple provided the much needed time out. The trip down was even more tiring and tricky, but the aura members displayed tremendous perseverance and grit. We once again proved that if your heart is in the right place, and you give it your all and don't give in, women have the potential to “scale new heights”!!

WHAT LIES AHEAD

The need for growth and the desire to evolve are very natural needs of every human being. But this growth is influenced and at times even limited by certain ideas, impressions and beliefs that we carry. These beliefs embed strong messages in our mind and determine our self esteem and create a deficit mindset. This month, we have Mr.Raja Krishnamoorthy, who will guide us on how its possible to go beyond our limiting beliefs through the path of awareness. This reflective session will help us to get a deeper insight into our life and gain freedom from our limiting thoughts and find new inner strengths.

The will to win , the desire to succeed, The urge to reach your full potential. . . .these are the keys that will unlock the door to personal excellence – Confucious

Topic Living Life - Unlimited
Speaker Mr. Raja Krishnamoorthy
Management Consultant,
Inspirational Speaker and Actor
Date Tuesday, 16th February 2016
Time 10.30 am



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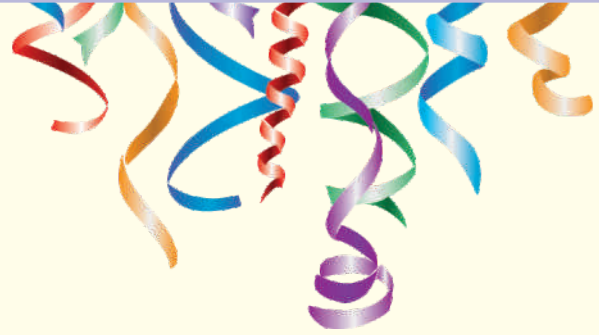
BIRTHDAYS

FOR THE MONTH OF
FEBRUARY 2016

A new chapter of life for you,
begins today
Say goodbye to your past
And for the future, pave the way.
Full of happy anecdotes,
Let a new story unfold.
Smile, laugh, share and cry...
Be carefree and bold



Happy Birthday



Feb 3rd	Kaveri Annamalai
Feb 4th	Tharangini.R.
Feb 5th	Padma Venkatesan
Feb 10th	Kanaga Lakshmi.A
Feb 11th	Shanthi Senthil Kumar
Feb 13th	Vandana Parekh
Feb 17th	Dhanalakshmi Suresh
Feb 19th	Aishwarya Pichumani
Feb 20th	Latha Rajaraman
Feb 22nd	Sowmia Lakshmi.A
Feb 23rd	Bhooma Venkatesan
Feb 24th	Radha Vaidyanathan

COMMITTEE MEMBERS

Mythily Ramanan	98430 54925
Rajalakshmi Rajesh	97910 13401
Rajeshwari Ramakrishnan	2415687
Savitri Saravanan	98946 06051
Subha Rengarajan	98424 08099
Vidhya Madhan	99444 52100
Vrinda Ramanan	94432 59747

ANNOUNCEMENT

The India Art Festival 2016 will be held on
Sunday, 28th Feb 2016

This year, we will be presenting a dance performance, "Nrithyam Madhura" a tribute to the doyen of Carnatic music, M.S.Subbulakshmi, whose centenary is being celebrated all over India.

This performance will be presented by well acclaimed choreographer, Radhika Surajith's Troupe.

All members are requested to attend the event and make it a huge success. Please buy tickets (priced at Rs.300) for your near and dear ones. More details will be sent in the next newsletter.