



THE AURA

NEWSLETTER 95

January 2015

WHAT WENT BEHIND

Rich green palak, fresh methi leaves and clean amaranthus- all from Dr. Malliga's terrace stole the morning's show at our last meet. The talk sowed the seeds of a new dream to raise healthy gardens in our own backyards and our terraces, so that we help create a friendly environment and a sustainable agricultural practice that will not only be a useful recreation, but will also raise our awareness about the vegetables and the fruits that we serve at our table. Her tips on developing home gardens, efficient and effective use of space in and around your home and strategies to preserve natural resources and simple processes to get high yield were received with great enthusiasm.

A garden always make people better and happier; they are sunshine, food and medicine for the soul.

"A garden is a grand teacher. It teaches patience and careful watchfulness; it teaches industry and thrift; above all it teaches entire trust in simplicity."

Gertrude Jekyll

WHAT LIES AHEAD

India, the punyabhumi that is home to a rich spiritual and cultural heritage fought an untiring battle with the British to break free from the fetters of many hundred years of slavery, a sad story that kept us hostage from 1858-1947. The country got her freedom and became an independent nation within the British Commonwealth on August 15th 1947. The history of the Republic of India began on 26th Jan. 1950. This new constitution of 1950 made India a secular and a democratic state.

Our country was very prosperous- rich in spices, loaded with agricultural resources and an affluent population that had high moral values imbibed from her old and ancient education abounding in science and mathematics, esoteric philosophy and amazing literature. Lack of military skills made India an easy target for conquest.

This month, a couple who are together a significant powerhouse of knowledge on India's history and heritage and the founders of Bharath Gyan, a comprehensive knowledge portal on India, will be talking to us on the plunder of India by the British.

Topic	Plunder by the British
Speakers	D.K.Hari and Hema Hari
Date & Time	Jan 5th 2015, 10.45 am
Venue	Hotel Sangam



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BIRTHDAYS IN DECEMBER 2014

Be cheerful Always. There is no path but will be easier travelled, no load but will be lighter, no shadow on the heart and the brain but will lift sooner for a person of determined cheerfulness.

Happy Birthday!
Keep smiling!



Smitha	6th Jan.
Hemalatha N. Khanna	10th Jan.
Rathnamala Prem	11th Jan.
R. Amutha	15th Jan.
Mumtaz Hanif	25th Jan.
Nasreen	26th Jan.

COMMITTEE

MEMBERS

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"Janani Janmabhoomischa
swargadapi Ghariyasi"

Mother and motherland are
superior to heaven.

-From the epic Ramayana