



THE AURA

NEWSLETTER 94

December 2014

WHAT WENT BEHIND

Whoever said stories are meant only for the young ones!

At our last meeting, Ameen Haque transported us to an imaginary world where trees spoke, wolves expressed their opinions and heroes and heroines climbed over mountains, traversed valleys, swam across seas to get hold of whatever they were in search of. We discovered the mighty influence stories had on our beliefs, the effect it had on our choices and the role it played in our daily life and education. The ladies were also introduced to an interesting exercise of storytelling with three and four sentences.

Whether it is maths or healing, sex education or self improvement, stories can sway the listener into learning, imbibing, believing and incorporating the ideas conveyed by the characters.

Our souls felt nourished and we left feeling light, cool and happy. When stories come to you, carefully listen to them, remember them for you might have to share them with a needy person, who needs a story more than food to stay alive.

WHAT LIES AHEAD

How many of us yearn to own a beautiful garden with roses and dahlias, with sunflowers and Zinias, to pluck a fresh, juicy papaya from your tree, sink your teeth into a perfect green guava or simply garnish your cooking with some pure, clean coriander leaves. If lack of space was the reason for your dreams of a green patch running dry, you will find the perfect answer to your dilemma, at our next meeting!

Our resource person, Dr. P. Malliga from the Department of Marine Biotechnology, Bharathidasan University, will introduce us to the basics of a roof garden or a terrace garden. You may start dreaming of sipping your coffee, reading your favourite book and rejuvenating yourself in your own green area surrounded by waterbodies, enjoying a barbecued corn and paneer tikka. Besides, you can welcome your family members to a hot soup or a hearty salad with organic vegetables from your personal vegetable garden. Infuse the outdoor living in your homes

Butterflies flitting around flirting with the flowers, cooing birds enjoying a drink of water from your bird bath, squirrels prancing about from one tree to another are all going to be a part of your lives. Welcome to the world of the birds and the bees in your own little green forests.

Topic : Terrace Garden

Speaker : Prof. Dr. P. Malliga, M.Phil., Ph.D.,
Department of Marine
Biotechnology, Bharathidasan
University, Tiruchirapalli

Date & time 12th Dec. 2014, 10:45am.

Venue Hotel Sangam Trichy.



BIRTHDAYS IN DECEMBER 2014

May you rejoice at being yourself,
May you follow the song in your soul,
May you know the exquisite
happiness of love,
May you travel the world,
learning along the way,
May you always appreciate the qualities
that make you uniquely beautiful,
May you contribute
Something special to the world,
Something only you can give.

Happy Birthday!



Soshan Cheriyan	Dec. 2 nd
Shanu M. Khanna	Dec. 3 rd
Ranu Palsani	Dec. 10 th
Assya Niaz	Dec. 14 th
Champa Kalkura	Dec. 15 th
Uma Arun	Dec. 15 th
Latha Rani	Dec. 16 th
R. Sangeetha	Dec. 20 th
Bhargavi Sateesh	Dec. 20 th
Kumudha Vinodkumar	Dec. 22 nd

COMMITTEE MEMBERS

Mythily Ramanan	98430 54925
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Savitri Saravanan	98946 06051
Subha Rengarajan	98424 08099
Vidhya Madhan	99444 52100
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The glory of gardening: hands in the dirt, head in the sun, heart with nature. To nurture a garden is to feed not just on the body, but the soul.

- Alfred Austin