

THE AURA



News Letter **79** – March 2013

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What Went Behind

Lena Tamilvanan during the March meeting triggered the interest of the audience by drawing examples from real life situations of various successful women . The lively, cogent, rational reverberation of the members made the event sparkle, once again proving that Aura members are a class apart and are opinion makers.



Reflections

We live in a cultural background where self esteem is considered to be a man's entitlement. There have been very few women like us and those reputed ones whom the speaker mentioned in the entire society, who have actually been able to break free from the shackles of being a fragile myth. The biggest change of the last decade has been our attitude to ourselves Therefore we need to step back, take note, move ahead. – Akila Shankar.



Guest Voice

Your views on life and ability to analyse issues show that you (Aura members) are a bundle of talents. Let this sense of unity and unanimity of thoughts continue a long way. – Lena Tamilvanan.



What Lies Ahead

Your teen probably wants to spend most of his free time with his friends. But he still needs to know that you are there for him and support him.

To learn how to create moments to connect with your teen we have Dr Vijay Nagaswami, Psychiatrist, Relationships Consultant to share his valuable experience and thoughts with us.

To make the programme lively and interesting about 20 volunteers from members are requested to enact a few situations on a given topic through which lessons shall be drawn.

Topic: Teenager - Parent Relation Ship

Guest Name: Dr.Vijay Nagasami

Date: 03rd April - Wednesday

Time: 10:15 AM

Venue: Hotel Sangam



Niresh Kumari	April 01 st
Akila Ashok	April 03 rd
B Shobha N Makhija	April 05 th
I Jenie Edmund	April 07 th
R Anitha	April 07 th
T Shanthi Sivakumar	April 10 th
H Uma Devanathan	April 11 th
D Mala Balasubramanian	April 12 th
A Subhashini	April 21 st
Y Prathibha Sreenivasan	April 24 th
S Anita	April 25 th
I Rajeshwari Chidambaram	April 26 th
N Thameem Nisha.S	April 27 th
A Chitra Valentina	May 01 st
P Sudha.E	May 05 th
R Meena Ravindran	May 07 th
I Fathima Bathool Maluk	May 10 th
L Sathyabama	May 15 th
&	
M Punita Vivek Mittal	May 18 th
A Sowdhamini Raghavan	May 19 th
Y Mangai Sivakumar	May 20 th



- If you are volunteering to enact the situations ,please be present by 10:15 AM so that you shall form groups and prepare the stage show .The programme shall start at 11.00 AM.*
- Mark your calendar for Aura on **July 4,5 & 6** –a should not miss outdoor event. June 7th is our next monthly meeting for the month of June.*