



The Aura- Newsletter 61

July-2011



What went Behind...

When we were much younger, we blended and mixed with our hands, we returned milk bottles, soda bottles and beer bottles so they may be refilled, washed diapers by hand and dried them out in the sun, we walked up stairs and trudged to the nearby store than driving around, drank from the school tap with our bare hands and not from plastic disposable bottles, we packaged with newspaper and not with Styrofoam or plastic bubble wrap, we refilled pens and rode the cycle to school or took a cycle rickshaw; there were bullock carts and horse driven carriages too! Terms like 'Global Warming', 'recycling' were not part of our vocabulary. Today, with all the scientific advancement in every field of life there is the constant fear of a dilapidating environment replete with contaminated water, chemically infused food and poison in the air that we breathe. Houda, in her short and passionate presentation, introduced us to one aspect of working towards a cleaner and greener environment- disposing waste in a responsible manner. Have you started working on the 'green thing' yet? Visit the site www.dailydump.org - it gives loads of information regarding disposal of waste. Start acting now!

Chithra Madhavan, an enthusiastic historian, wasted no time in proving to us that every bit of Trichy reflects history. The 1000 year old mosque, the church built by Saviri Muthu meant to resemble the Lourdes Church in France and the famous temples of our city have many stories to tell. Tiruchirapalli was visited by the Romans for Pepper, the Hoysalas from Oriya, the Marathas, the Nayakas, the British and the Muslim invaders. The Chola, Pandya and Pallava kings also competed with one another to contribute to the growth of this town. An amalgam of many religions and many different rulers who brought their culture, people and language with them-Tiruchirapalli reflects the Indian spirit. Are we not proud to belong to Trichy, the temple town?

Birthdays in August

LakshmiShankar	01 - Aug	Vasanthi Srinivasan	15 - Aug
A. Latha	02 - Aug	V. R. Malini	15 - Aug
Sharanya R	02 - Aug	Varsha Ashok Gandhi	23 - Aug
Radha Murali	05 - Aug	Vijayalakshmi Sasidhara	23 - Aug
M . Thenmozhi	09 - Aug	Latha Anand	23 - Aug
E. Jayanthi Rani	13 - Aug	G. Padma	25 - Aug

Date : Tuesday, 16th August, 2011

Time : 11:00 AM


Venue : Nanjai Hall, Hotel Sangam

Topic : Laughter is the best medicine

Speaker : Shankaran & Sekaran

Chennai Humor Club

What lies ahead...

...Laughter was echoing all around and I could see people standing in a circle and  exercising their lungs not with pranayama but with loud hahaws and hohos...

Yes, friends,.. humour seems to be missing in our competitive world. And therefore, every morning groups meet to laugh and stay healthy. Medical practitioners swear that laughter will keep all diseases at bay and helps one to stay young. This month we have decided to meet just to laugh and feel lighter, to listen to jokes from members of the Humour club from Chennai. So come prepared to jog your sides with some rib tickling jokes.

Attention

- Please come prepared to submit your renewals during the coming meeting as we are closing renewals by 20th August, 2011.

A man visited a counselor mourning that in his early years of marriage, whenever he returned home after a hard day's work he was welcomed by his young wife who brought him his slippers and his cute little dog ran barking around him.

Today, after 10 years the same thing happens but with a difference, he grieved, ".....the dog brings myslippers and the wife runs barking after me."

The counselor, who had heard many similar complaints said, "Why complain, you should be happy, you are getting the same services".

Laughter can do wonders for your environment- inside and out.