



# The Aura- Newsletter 44

December-2009



## *What went behind....*

Aruna held our hands and walked us through a journey of discovering our own strengths and weaknesses at the last meeting 'Games for life'. The games that she had organized awakened the slumbering powers within us and stimulated the astonishing abilities that we never dreamed of possessing. She gave us tools that would revolutionize our lives, if only we put them all into action.

This enigmatic lady delivered many powerful messages through simple, amusing yet thought provoking games with amazing solutions. Everyone of us present, understood the fact that the potential, sleeping deep inside is like a huge ocean unsailed and a new continent unexplored. We all realized that there is a world of possibilities waiting to be released and channeled towards some great good that could happen in our lives, if only we wake up now. Her communication skills were stunning and she did rub off her enthusiasm and zest for life, her vivacious spirit and unending thirst for knowledge on all of us.

At the end of this session I could see everybody with happiness writ large on their faces- a reflection of the exhilaration born in the heart.

## *Attention:*

- February 6<sup>th</sup> and 7<sup>th</sup> Aura will be celebrating music festival involving Shri.Abaswaram Ramji and Smt.Radhika Shurajith.Details of this will be uploaded in the website by second week of January.This being a public event you may buy tickets for your friends and relatives during the forth coming meet at January

## *Birthdays in January*

|                    |          |                     |          |
|--------------------|----------|---------------------|----------|
| A. Smitha          | 06 – Jan | Mumtaz Hanif        | 25 – Jan |
| Rathnamala Prem    | 11 – Jan | Dr. Deepa Mukundhan | 26 – Jan |
| Bharathy Vasudevan | 22 – Jan | V.Kanchana          | 29 – Jan |

*Date : Thursday, 7th January, 2010*

*Time : 11 Am*

*Venue : Hotel Sangam, Trichy*

*Topic : Modesty in Modern Women*

*By : V. Gopinath*

*TV Anchor*

### *What lies ahead....*

The valorous queen of India Jhansi Rani or the Angolan Queen Mbande Nzinga, Margaret Thatcher or Indira Gandhi, Mother Theresa or Medha Patkar, Lakshmi, the bank manager or Kala, the domestic maid- what are the common qualities that bind these women together? They are all wise women who know they have the power and ability to achieve any goal they desire, women who deserve respect and attention for who they are and who they inspire others to be! Both, the woman bound by tradition and the present day, modern woman- all women belonging to any age or era have always remained a mysterious phenomena. The different attire that she adorns herself with, according to the role she plays through the day, baffles the male species and makes one wonder what special stuff she is made of!

Today, wherever we go, we don't have to shout or rant loudly to get people to hear us out. When the modern woman enters why do men fall down on their knees and swarm like honey bees- do we attribute it to the swing in her hips, the joy in her feet, the fire in her eyes, the flash of her teeth, the arch of her back, the grace of her style, the sun of her smile, the rise of her breasts, the click of her heels, the bend of her hair, the palm of her hand or the need of her care? The most beautiful creation of nature- the intelligent, caring, determined, strong and powerful female species is definitely a force to reckon with and can make or break many a heart.

The question of whether it is imperative that a woman hides herself behind a purdah of modesty, whether she should be meek and self-effacing, unassuming and unpretentious, reserved and reticent- this is going to be the subject of discussion at the next meeting. I am sure, all of you will have many individual ideas regarding this subject, so arm yourself to share them with us at The Aura.

**It is Christmas time and the spirit of love pervades everywhere.**

**Let us also spread happiness and abundance around....**

“Three keys to abundant living: caring about others, daring for others, sharing with others. As long as people hunger, as long as people thirst, and ignorance and illness and warfare do their worst, as long as there's injustice, in any of god's lands, I am my brother's keeper, I dare not wash my hands.”

- J. Ferguson,