



Newsletter 35

January 2009

What a enjoyable day it was! Mrs. Mala Venkatesh and her charming daughters Bhavya and Divya, provided pleasant fun exercises for the body and the brain. It was an agreeable balm to our physical, emotional and mental senses. The members who attended the fun-filled morning returned home cheery and good-humored as most of them had won prizes galore. Besides the games, the facts that Mala had collected did add to our fund of knowledge. The games left all of us alive, vital and energetic. This kind of relaxation and stress busters are absolutely essential as scientific studies show that such exercises alleviate or prevent mental and physical deterioration, nurture healthy thoughts and thereby develop a healthy mind and body that resists disease.



<p>Musical Discourse (Sangeetha Upanyasam) on Purantharadasar Charitram By The Harikatha Exponent Smt Vishaka Hari.</p>	<p>The traditional art of Harikatha, or Sangeetha Upanyasa or Musical Discourse is a time-honoured genre of Indian classical music both in the North and in the South of India. "It is a theatrical art form which is a combination of music, drama and storytelling. All the navarasas are contained here. And it elevates the soul because the musical stanzas are soaked in devotion," says a very conventional Chartered Accountant, a bright-eyed musician par excellence from our own town of Tiruchirapalli. Her delivery in impeccable Tamil and English leaves the listeners spell-bound and enchanted. Simple and totally devoted to her art form Vishaka will carry you to the world of the saint composer Shri Purandara Dasa, through her musical interpretations. . Do not miss this performance for it will refresh you in no small measure!</p>
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Date Thursday, 5 th February 2009	Time 5:30 PM to 8:45 PM	Venue Seva Sangam School, Cantonment
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Share this thought with all whom you care:

"Rigidly clinging to the rightness of our own ideas, refusing to acknowledge the legitimacy of other people's thinking leads, in essence, to crashing into the rocks. There are few absolute truths in life, and only by remaining mentally flexible and relaxed- letting your mind flow around and through new ways of thinking- can we learn and grow. (And remember, only when we cease to learn. do we become old!)

Birthdays in February

A.Latha	2 nd	Usha Raman	18 th
Kaveri Annamalai	3 rd	J. Amudha Jude	19 th
Padma Venkatesan	5 th	Aishwarya Pichumani	19 th
Suchitra Krishnan	7 th	Latha Rajaraman	20 th
V. Srividhya	10 th	B. Lakshmi Gopal	20 th
Swarna Mahadevan	12 th	Bhooma Venkatesan	23 rd
Mynavathy Jaganmohan	17 th	Meera Arun	26 th
Dhanalakshmi Suresh	17 th		

Attention

- Bring your friends along and treat them to a fine evening of uplifting music- a soul-satisfying evening that they will thank you for.
- Limited Seats available. So Kindly Purchase your tickets well in advance.
- Free seating arrangement and so no reserving of seats shall be permitted. So please be early so that you are seated comfortably and shall enjoy the show.
- Aura members will be permitted inside the hall only on production of their Aura ID card. So members are requested to bring their Id Cards without fail.

Mythily
98430-54925

Rajalakshmi
94431-65687

Rajeshwari
2415687

Savitri
98946-06051

Subha
98424-08099

Vidhya
99444-52100

Vrinda
94432-59747



The Aura Presents



Musical Discourse
(Sangeetha Upanyasam)

on

Purantharadasar Charitram

By

The Harikatha Exponent

Srimathi Vishaka Hari.

Date : Thursday, 5th February, 2009

Time : 5:30 PM High Tea followed by Program

Venue : Seva Sangam, Cantonment, Trichy

Ticket : Rs. 50 /- for Non Aura Guests (M/F).

A disciple of two great maestros of classical performing arts- Krishna Premi and Lalgudi G. Jayaraman, Srimathi Vishaka Hari has swept audiences off their feet in India and abroad. She is known for her matchless rendering of age-old narratives like the Ramayana, Rukmini Kalyanam or Sriranga Vaibhava- stories that retain their charm for all time to come and is appealing to all age groups.

With a goal to spread this traditional art among the young in India and overseas, Vishaka Hari passionately performs in impeccable Tamil and English combined with sublime music and has carried this theatrical art form to Dubai, Singapore, England and Canada, to the temples of America and the Cultural Centres of London.

Her captivating voice, articulate and powerful expression sprinkled with the right dose of humor will carry you to the ethereal world of our mythology.

Join us to enter the magical world of music, drama and story-telling which will elevate your soul and provide you with a singular spiritual experience.

Note: The program shall close by 8 45 PM

Tickets available at the venue

For Details and Bookings contact:

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98430-54925, 97910-13401,
98401-37218, 99444-52100*