



## Newsletter 24

December 2007

Warm New Year Greetings!

Our tryst with the 'celebrity who sets taste buds a-tingle' was a memorable occasion. The excited crowd was more than satisfied meeting and eating with the 'Gourmet King' Chef Sanjeev Kapoor. The programme was interactive and the simple tip to enhance the taste of some of our traditional dishes was delectable. Most of you, we are sure, would have tried all the sumptuous dishes that he had demonstrated to the delight of your family members. The show was replete with experimentation and innovation, the trademark of this celebrity chef. He transformed the traditional Pani Puri by making a minor, yet interesting change in its stuffing, replacing potatoes with Paneer or Prawns. It ignited the spark of adventure in the kitchen in all the women present that morning.

This connoisseur of good food says, "Cooking is not just about grilling, marinating and frying. If you are ready to get to the hallow precincts of the kitchen, the first lesson you got to learn is peeling and scrapping. Peel or scrap the skin whenever possible" is Sanjeev's advice to health-conscious eaters.

In total, with students from catering colleges and guests from all over Tamilnadu, this programme was a very special one enjoyed by everyone.



'Music helps you to celebrate life, to set aflame your aesthetic senses, to remove frustrations, to spread peace and happiness. It is a recreation that helps you to flow into eternity and exudes an exuberance that fills any intrinsic spiritual soul with an enduring joy and calm.'

## Guitar Melodies

By,

Guitar Maestro,

**Mr.Prasanna,**

While for the month of December we offered food for the stomach, for the month of January we thought it befitting to start the year with food for the soul- a music performance with a difference by one who has elevated many an audience in India and abroad. It is the music season in Chennai and this has rubbed off in Trichy also. This guitar maestro, Prasanna remains to be one of the few who has used this western instrument to present our very traditional carnatic music. He will be performing for us music fused with the traditional and the western along with his orchestra. Please do not miss this programme for all the world.

**Date**  
**Monday, 7<sup>th</sup> Jan, 2008**

**Time**  
**11:00 A.M.**

**Venue**  
**Nanjai Hall, Hotel Sangam**

Despite its traditional association with rock music, the guitar has long been used in many popular styles of music, including almost all genres of rock and roll, country music, jazz, blues, ambient, and even contemporary classical music. The instrument's distinctive sound and intimate connection with many legendary internationally-famous musicians has made it the signature instrument of late twentieth-century music.

### Birthdays in January

A.Smitha	6 <sup>th</sup>	Bharathy Vasudevan	21 <sup>st</sup>
Hemalata N. Khanna	10 <sup>th</sup>	Kajal R Amin	22 <sup>nd</sup>
Rathnamala Prem	11 <sup>th</sup>	Mumtaz Hanif	25 <sup>th</sup>
C. Lakshmi	12 <sup>th</sup>	Deepa Mukundhan	26 <sup>th</sup>

### Attention

- The Aura gives importance to punctuality. So we will start exactly by 11 AM. Please be at the venue by 10:45 AM.
- The programme will be unique in the sense that it will be a lecture demonstration by the Guitar Maestro and not a regular music concert.

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