



Newsletter 19

July 2007

“It’s a World of Laughter, A world of Tears; It’s a world of hope and a world of fears;
There’s so much that we share; that we are unaware, it’s a small world after all”

----How much true! Festeva'07 in July sure did usher in a period of fun and frolic for the members of the Aura. Be it 7'UP or Dumb charades with a difference; or naming their product; all of them were just '1' UP. The mood was upbeat, the ambience perfect, and the atmosphere electric! It was unimaginable to see the members participate so actively and with such zeal.

-Thanks to Mr. James Vasanthan, the man behind the show. The members had the opportunity to reveal the child like tendencies that lay dormant in them. Mr. James Vasanthan conducted this event very ably and I am sure that all of us went back relaxed and happier. Just for the record it was totally amazing to witness a large number of ladies stay back after lunch for yet another session of play and games

Truly a satisfying day-What say ladies-Shall we give a pat on our backs for this out of the world and wonderful involvement?



One of the most important branches of mountaineering is the art of climbing rocks, of pitting skills, nerves and strength against gravity. It is the acceptance of a challenge according to the climber's judgment -of his own skill and endurance. A challenge to one person need not be a challenge to another at all; it is just a test of your own physical and mental strength.

Rock climbing & Repelling

Guided By

Mr.J.Ramanan

President, Science and Adventure club

What we have chosen for you ladies is a very simple climb up a rock face in Ponmalai. How many of us Trichyites have set our eyes on Ponmalai- here is a chance to get to know what is up there!

We will be following all safety precautions and ropes will be used to go up and come down- protection includes belay ropes and runners, carabiners and experienced and trained mountaineers to handle the climbs. We aim to make this sporting morning a pleasant experience, an experience that you will cherish all your life.

So, this is going to be a very safe sport much safer and than walking on the streets of Trichy!

Date : 5th August 2007

Day : Sunday

Time: 6:15 AM to 1:30PM

6:15 AM : Assemble At Hotel Sangam Lobby
 6:30 AM : Proceed to the Trekking spot at Golden rock-
 Conveyance & a simple breakfast will be arranged
 11:30 AM : Slide show on Himalayan trekking at Balakala
 Vidhanam ,No. 88, IInd Street Renga Nagar, Try-21
 12:45 PM : Lunch at Balakala Vidhanam
 1:30 PM : Drop at Hotel Sangam for dispersal

Birthdays in August

A. latha	2-Aug
Punitha Natarajan	5-Aug
M. Thenmozhi	9-Aug
Jayanthi Rani	13-Aug
Varsha Ashok Gandhi	23-Aug
S.Vijayalakshmi	23-Aug
latha Anand	23-Aug
G.Padma	25-Aug

A check list to make your Adventurous day Pleasant

- Wear a comfortable pair of trousers with a t-shirt or a cotton shirt. Pants rate better than salwars. Do not wear Capris
- Protect you head with a scarf or hat and shield your eyes from the harsh rays of the sun with a pair of dark glasses.
- Carry with you a enough water for yourself (1.5Lt)
- Your shoes should be flexible and light (Power, Action, Adidas, Reebok or any other good brand).
- Be on time so that you don't miss the group.
- Feed yourself with a lot of confidence.

Attention

- **To form part of the group it is absolutely essential that you confirm and register (No additional fee) your presence for the event on or before 31-July 2007.**
- Those who do not register shall not be provided breakfast and conveyance
- Late-comers will have to reach the venue in their own-vehicles.
- Those who do not want to take part in the adventure may still come as spectators to just watch the others having fun.
- **Renewal forms** (For the existing members only) have been enclosed. Please renew (Preferably on August 5th itself) before Aug 15th after which you renewal is at the discretion of the committee.

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