



Newsletter 3

January 2006

Dear Friends,

On the onset of this new year The Aura sends you the warmest of wishes for a year full of joy and cheer. May each day of the coming year be new and vibrant bringing along many reasons for celebration and merriment.

It was a happy going last month to see our member's healthy participation in all the events. Members had great fun and could finish the crossword and puzzle in no time. Every group seemed to be equally capable and talented. Hats off to the winning groups. The member's participation in the individual quiz was over whelming. Congratulations to the winners Mrs.Suganya Rajamanickam, Mrs.Padma Ramakrishnan and Mrs.Vimala Mahesh. These health events were followed by Mrs.Tara Sundararajan's speech on epilepsy. It was highly informative and structured in such a way that it could be easily comprehended by all. Her speech has definitely created in us a social awareness and I am sure has clarified many doubts about epilepsy

Some distressed minds feel, 'Living is a sickness to which sleep is a palliative that provides relief every sixteen hours.' For many, the most challenging times are those when they are confused about how they feel or unsure of what decisions or choices they should make, and in such times it can really help to receive some guidance from a non judgmental person.-And here Tarot helps. Tarot is a divination system that uses a set of cards to gain insight and achieve greater control over issues involving relationships, opportunities, and life changes. It can help and guide you through your troubled emotions and clouded thoughts, by offering a reflection of your past, present and possible future and showing you a fresh perspective on your life. This month we have here Mrs Scharada Bail, Tarot practitioner from Chennai ,to conduct a workshop on the theme: Tarot and Personal Growth.

Date : Monday, 9 th January , 2006

Time : 11 A.M

Venue : Hotel Sangam, Trichy.

This session is definitely going to be interesting and a highly interactive one too. So members be on time and take your seats by 10.45 AM ,so that you will not be left out of the show.

As mentioned in our previous meeting personal appointments with Mrs Scharada Bail will be entertained on that day between 3 -7 PM. Due to time constraint only a few appointments can be handled. Since we have received enough registrations, further appointments have been closed.

See you soon.

**Every new day begins with possibilities. It's up to us to fill it with things that move us toward progress and peace.**