



Newsletter 2

December 2005

Dear Friends

The maiden meeting of The Aura was a very enlivening and enlightening experience both rolled into one. The icebreaker, being a team event, made the members really 'break ice' with other members whom they hardly knew. More interestingly, it also brought to light a lot of new details about seemingly known members as well. Mr Pushpavanam's speech on consumer empowerment was really informative. I believe this awareness shall be of help to us in getting the best products and services that we deserve. A few prizes were given to some of our members for their enthusiastic participation in the icebreaking session. The happy winners were Mrs.Sowthamini Raghavan, Mrs.R.Rama, Mrs.Dhanalakshmi Suresh, Mrs.Varsha Gandhi and Mrs. Amudha Jude.

Our health is really the foundation upon which all other happiness can be built. So for December, health is going to be the theme for a very interesting event planned for the members. Is it a quiz, or is it a competition, or is it a game??....Well, its going to be all that and more...Find out for yourself at the meeting.

Following this members' event, we have a presentation on a very common and relevant health condition – epilepsy. Since the dawn of time, epilepsy has affected millions of people – rich and poor, young and old. Superstitious interpretations of epilepsy persisted for centuries. Attitudes of past societies towards epilepsy, have left a legacy of stigma and damaging misconceptions which still persist today, as people with epilepsy continue to face fear, prejudice and discrimination in their everyday lives. To dispel these myths and to create and enhance our awareness on epilepsy, we have Mrs.Tara Sundararajan, President, The Indian Epilepsy Association, Trichy Branch, talking on "Epilepsy – Not a stumbling block to life".

Date	: December 6, 2005
Time	: 11.00 A.M.
Venue	: Hotel Sangam

Please be at the venue at 10.45 A.M. The latecomers of last month were not able to be a part of the icebreaker. This time, you will be missing out on the health games if you are late. Also, it has been decided to close further admission of new members for the time being. Members please note that spot registrations at the meeting will not be entertained.

Thank you.

Life's challenges are not supposed to paralyze you, they're supposed to help you discover who you are.