



NEWSLETTER

223

September, 2026

Greetings from The Aura,

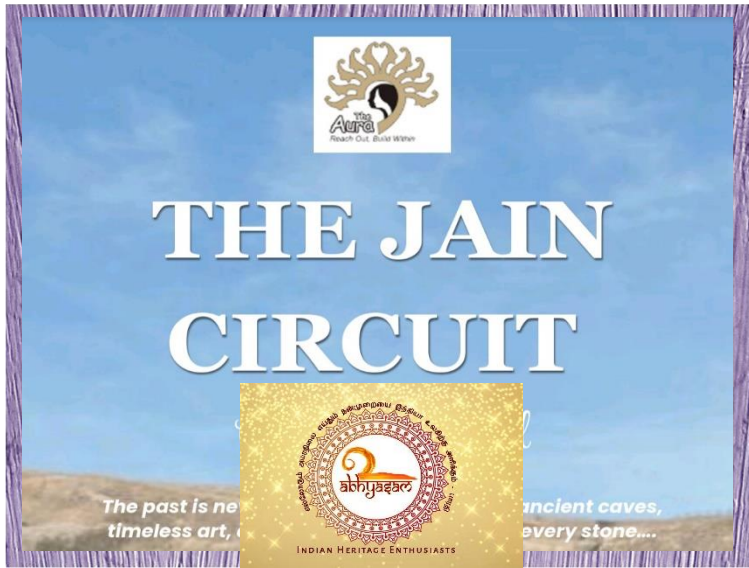
The air was filled with endless joy, as we came together to celebrate the Rajasthani festival of Teej with food, music and dance.

Chef Sameer Gupta in collaboration with award-winning author Pratibha Jain, brought to the Aura, his first book 'Relishing Rajasthan'. Having shaped Rajasthani cuisine for decades, the chef whipped up authentic dishes for the Auraites.

He chose to bridge heritage and modernity-offering flavours that, surprise and inspire. Together they shared numerous anecdotes of working together and centuries of culinary wisdom shaped by the land, climate and spirit of its people.

It was an opportunity for our members to put on their chef hats and awaken our taste buds, with their own heirloom and contemporary vegetarian recipes. While the Leheriyas and Bandhunis filled the venue with a riot of colours, Aura Aphrodite made the celebration so vibrant and joyful that the Teej celebration will be a morning to remember!





Prelude

Event: The Jain Circuit
A Heritage Trail

With
Abhyasam

Date: Monday, 7th September , 2026

Pick up Time: 7.30am sharp

Venue: Courtyard by Marriott.

The beauty of heritage lies not only in its monuments, but in the stories they carry.

Join us as we set off on an exciting heritage trail – The Jain Circuit – through the fascinating landscapes of Pudukottai with Abhyasam, an organization known for weaving ancient wisdom into modern lives. The team specializes in designing experiential heritage programs that bring history, art, architecture and lived traditions to life.

The heritage sites of Aaluruti Malai, Kudagumalai, Sithannavasal and the ancient burial grounds near Panangudi Vinnagaram will offer an insightful, engaging and thoughtfully curated experience where every hill, cave and monument has a remarkable story to be discovered.

Let's relish the authentic flavours of Chettinad cuisine for lunch at a beautiful heritage resort before we head home with hearts full of memories and minds enriched by history.

Put on your hats and walking shoes and come ready to explore the extraordinary.

Check out @abhyasam_gurukulam



HAPPY BIRTHDAY

Guest Speak

Dear Aura team,

No words to thank you all enough for the wonderful event. Your group's vision and cheerfulness was so encouraging. Chef and myself thoroughly enjoyed every moment – both during preparation and at the event itself.

Rajasthan came alive in all its splendour in Trichy, and as authors, what more could we have asked for?

Thank you for everything.

With deepest gratitude and love,

- Pratibha Jain

Birthdays in September

Vishnupriya Varun	3
Farzana	6
Alamelu.P	7
Preethy Aravamudan	7
Lakshmi Saravanan	11
Shanthi Sukumar	13
Sunitha Raghavan	18
Supraja L	22
Uma Rajeswari S	23
Archana Praveen	28

From The Aura Committee

We request all members who have registered for The Jain Circuit to be on time.

The bus leaves Marriott at 7.30am sharp

Down memory lane...



Topic: A Day Trip to Kadiapatti, Karaikudi
Date: July 2015

The Executive Committee

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