



NEWSLETTER

184

February, 2023

Greetings from The Aura,

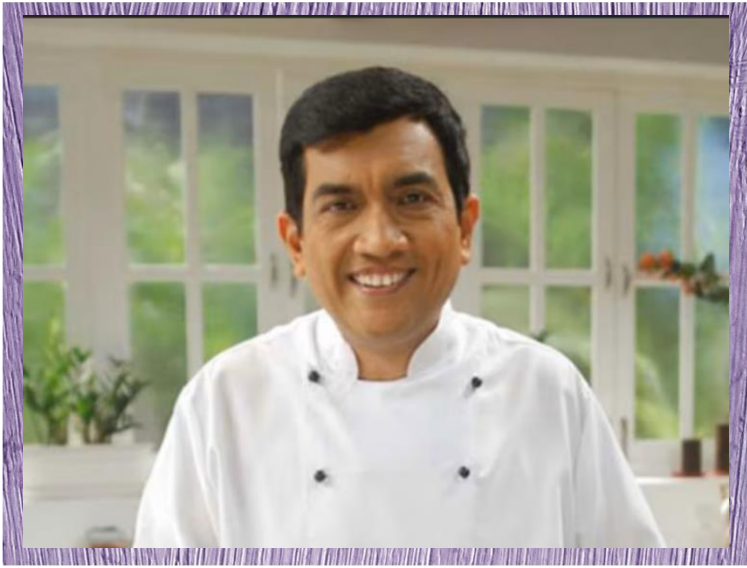
We have travelled among the rivers and streams with the poets, we've explored the forests and seas with them. As we step into a new year, we decided to head to the mountains to unravel the hidden treasures of the Himalayas.

Practicing Architect J.Ramanan and Bharatanatyam exponent Vrinda Ramanan are a couple who wear many hats. Together, they brought to The Aura an impressive presentation of 40 years of their experiences of trekking in the Himalayas. They showcased the Indian side of the Himalayan biosphere of Arunachal Pradesh, Sikkim, Kumaun, Ladakh, Zangskar, and Eastern Karakoram.

While Ramanan's spectacular photographs captured the majestic mountains, deep valleys and imposing waterfalls, Vrinda's narration brought out the spirit of adventure and deep reverence for the mountains. The colourful flora and fauna of the region were a sight to behold. Enchanted by the visuals and anecdotes we resolved to make a trip to the abode of snow.

Aura Astraea added more excitement with quiz and games. The still and solemn power of many sights will stay with us. We shall meet on the mountains again.





Prelude

Event: Fun Flavours and Food

Guests: Chef Sanjeev Kapoor

Chef, Food Entrepreneur & Author

Date: Saturday, 25th February 2023

Time: 8.30am

**Venue: Vasantham Hall,
Courtyard by Marriott, Trichy.**

“With good friends and great food on board, life shall always be good” said the Padma Shri Awardee, Chef Sanjeev Kapoor.

Foodies around the world have remained captivated by his lip smacking recipes. Kapoor shot to fame when he hosted the TV show Khana Khazana, the longest running show of its kind in Asia. Recipient of numerous awards and accolades, his contribution to Indian cuisine has been recognized by the Government of India, who conferred on him the National award of “Best Chef of India”

Here’s your chance to meet, interact and even watch him cook live for you. The event includes lunch, book signing, photo ops, recipe sharing, and much more.

To add more spice to your day, register for ‘The Mystery box challenge’ and ‘Display my dish’ contests and win exciting prizes from the Master Chef himself.

Sanjeev Kapoor’s books are on display at the venue. You can book your copy online at discounted prices and get it signed by the king of cuisine at the event.

Join us at 8.30am sharp to get your photographs with the chef. Register your non Aura friends and treat them to a sumptuous morning. Come join us Auraites let’s together cook up a storm!



HAPPY BIRTHDAY

Birthdays in February

Lakshmi Priya M	1
Kaveri Annamalai	3
Tharangini.R.	4
Padma Venkatesan	5
Shanthi Senthil Kumar	11
Vandana Parekh	13
Sharaddha Bhatnagar	17
Aishwarya Pichumani	19
Premila Kanagasabai	21
Sowmia Lakshmi.A	22
Kaavya Ashok Raja	22
Bhooma Venkatesan	23
Kavitha Narendran	24
Sangeetha Mohan	26

Member Speak

The program was awesome. I am so fortunate for not missing the presentation of the trekking program in the Himalayas. The sights and landscape shown literally transported me to another world. Wonderful captions by Vrinda akka, their experiences genuinely makes anyone wish to go on a trekking trip to the Himalayas. The games I really enjoyed and the MC by Dr Arthi was good. Food was excellent. Thoroughly enjoyed this session.

- Nagalakshmi S

Very interesting and informative session, good games, good MC, good presentation, good theme and last but not the least, good food!! Who would want to miss all these.

- Padma V

From The Aura Committee

For more information on the event, tickets, contests and recipe books visit :

www.theaura.org/cookingevent

Down memory lane...



Event : Chef Sanjeev Kapoor at Aura Utsav.

Date: September 2009

The Executive Committee

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Vidhya Madhan	99444 52100
Vrinda Ramanan	94432 59747
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