

## **PALM JAGGERY BAKED YOGURT**

### **Ingredients**

¼ cup palm jaggery, grated

1 cup yogurt

¾ cup fresh cream

Fresh mint sprigs for garnishing

### **Method**

1. Preheat oven to 180°C.
2. Mix together yogurt, palm jaggery and cream in a bowl.
3. Pour the prepared mixture into individual earthenware bowls, cover each bowl with aluminium foil and place them in a shallow baking tray filled with some water.
4. Put the tray in the preheated oven and bake for 8-10 minutes. Remove from heat, cool and refrigerate to chill.
5. Garnish with mint sprigs and serve chilled.