



The Aura

NEWSLETTER 146

December 2019

What went behind.....

A cool November morning full of fun, games, and laughter! FestEva, our annual feature of games and activities offered new members a warm welcome into the Aura. A bouquet of activities by Celebrity show host and model Ms Michelle Shetty tickled our intellect and funny bones. It was a great way to unwind playing with balloons, blind folds and tic tac toe, all in very creative ways. Be it music or quiz, there was something for everyone. The fashion show with innovative props truly unleashed the creativity of our members. It was yet another delightful day with Jupiter Events, Chennai.

With such talent, creativity and enthusiastic participation, we look forward to another exciting year at The Aura.

What lies ahead.....

The biggest adventure you can take is to live your childhood dream. It's a rare privilege of being able to pursue one in adult life. Mala Bharath, a passionate bharathanatyam dancer, launched Athma Laya in 1998 to present dance as a therapy to women. She believes, ***"Change is the only constant"***.

Athma Laya is a unique culmination of dance and meditation, helping women in fulfilling their childhood desire to dance. Being an interesting exercise, it involves simple techniques to provide physical flexibility and positive emotions to develop the overall human personality.

Let's unwind and break away from normal routine, get rejuvenated and experience a positive distraction. For more info check out www.athmalaya.in

3rd December, 2019

11.00 am

Hotel Sangam, Trichy

A Rhythm For The Soul

Mala Bharath

Founder & Trainer, Athma Laya



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Benefits at Hotel Sangam, for the members of The Aura:

* 20% off on the Swimming Pool Membership fee.

* 15% off in the room tariff in all our hotels.

* Food bill value of Rs 1000/- & above-10% concession. (only at Chembian and Cascade restaurants).

Privileges are available upon submission of The Aura membership card only.

You are never too old
to set another goal or to
dream a new dream!

- C.S.Lewis



DECEMBER

Shoshan Cheriyan	2 nd
Shanu M Khanna	3 rd
Chandrakala Gidia	7 th
Ranu Palsani	10 th
Sudha T	10 th
Champa Kalkura	15 th
Uma Arun	15 th
Bhargavi Sateesh	20 th
Alifia Hussain	20 th
Kumudha Vinodkumar	22 nd
Subashini V	30 th
Leena Ravindranath	31 st



The Executive Committee

Mythily Ramanan -	98430 54925
Rajalakshmi Rajesh-	97910 13401
Rajeshwari Ramakrishnan-	2415687
Subha Rengarajan -	98424 08099
Vidhya Madhan-	99444 52100
Vrinda Ramanan-	94432 59747
Supported by-	
Smitha Ananth	94438 40990

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