

# The Aura NEWSLETTER 141 June 2019

#### What went behind....

'I want to have a baby' was a touching presentation on infertility, seasoned with dollops of humour by author and journalist Sudha Umashanker. A trained story teller, Sudha used her skills to sensitize the audience to the pain and anxiety a couple go through during the course of treatment for infertility.

Having researched and published several articles on the topic, Sudha Umashanker warns that the major factor is the rise in average age of marriage and child birth among women. Radiation from gadgets, food habits, life style, pollution and stress too have an adverse affect on our reproductive health. Dr Deepa Mukundhan shared her experiences in treating patients with assisted reproductive technology.

#### What Lies Ahead....

How often have you been impressed by the inimitable style of some writers who have influenced generations? Here is an opportunity to hone your skills and learn to write better, be it an article or even your Facebook post.

Suma Varughese has had an illustrious career as a writer and editor. The hallmarks of her writing are clarity, simplicity and brevity. She has trained numerous writers who have gone on to achieve stellar careers. A fantastic teacher, Suma will make you fall in love with words and writing. The first day is an introductory session for The Aura members, while the second day programme is a paid workshop open to all, over lunch.

7<sup>th</sup> June 2019 & 8<sup>th</sup> June 2019
11am 9.30am-5.30pm
Hotel Sangam, Trichy

The Zen of Good Writing

Suma Varughese

Author/Writer/Ex editor



### The Aura NEWSLETTER

#### Charges for the course:

8<sup>th</sup> June, one day workshop on writing –

For Aura members: Rs2000/-

Non Aura members: Rs 2500/-

A one month programme over whatsapp to implement the teachings: Rs 1000/-

Many have responded positively to our initiative to save paper and opted for newsletter via email and Whatsapp. Others, we await your valuable response.

## COBODOO

#### MAY & JUNE

Pooja H	6 <sup>th</sup> May
Punita Vivek Mittal	18 <sup>th</sup>
Sowdhamini Raghavan	19 <sup>th</sup>
Reshma	21 <sup>st</sup>
Mallika P	3 <sup>rd</sup> June
Muthukala L	4 <sup>th</sup>
Karpaha Priya	6 <sup>th</sup>
Sameena Banu S	10 <sup>th</sup>
Muthu Nagappan	11 <sup>th</sup>
Aarthi K G	13 <sup>th</sup>
Jayashree N	15 <sup>th</sup>
Subha Rengarajan	17 <sup>th</sup>
Usha Gouthaman	18 <sup>th</sup>
Shilpa Choudhari	20 <sup>th</sup>
Pramila Ravichandran	25 <sup>th</sup>
Moulini Balaji	28 <sup>th</sup>

#### The Executive Committee

Mythily Ramanan - 98430 54925 Rajalakshmi Rajesh- 97910 13401 Rajeshwari Ramakrishnan- 2415687 Subha Rengarajan - 98424 08099 Vidhya Madhan- 99444 52100 Vrinda Ramanan- 94432 59747 Supported by-

94438 40990

Smitha Ananth

#### To Reach us ...

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