



# *The Aura*

## **NEWSLETTER 136**

*December 2018*

### **What went behind.....**

Vinita Sidhartha of Kreedagames Chennai, brought along a treasure trove of traditional Indian games, which helped relive our wonderful childhood days. 'A peep into our past' was a fun filled event with continuous activity as we tried one game after another. While Paramapadham, Chaupad, Pallanguzhi, Aadu Puli Aatam and many more saw the battle of wits, walking on coconut shells was all about poise and balance.

Vinitha's enthusiasm was infectious, and her passion obvious, as she narrated the stories behind the games and her travels in search of more forgotten ones. Members can share info on traditional games played in their region with Vinita at [www.kreedagames.com](http://www.kreedagames.com)

### **What Lies Ahead.....**

Every moment there are a million miracles happening around you. A flower blossoming, a bird tweeting, a bee humming, a raindrop falling.....there is magic everywhere, said Sadhguru.

This December, let's take a stroll in the GREENS biodiversity sanctuary under the guidance of the founder and executive director, botanist Alexander Amirtham and explore the beauty and importance of nature in our lives.

GREENS is an innovative project, passionate about creating a world class biodiversity sanctuary in the foothills of the Eastern Ghats.

**Tuesday, 4<sup>th</sup> December 2018**

**11 am**

**At GREENS Biodiversity Sanctuary**

**Nadupatti, near Sai Baba temple  
gardens, Trichy**

**To Inspire, Explore & Conserve**

**Speaker - Alexander Amirtham**

**Executive Director**



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Please note.....

December meeting is an outdoor event.

Car pool with your friends and plan to reach the venue on time.

Contact committee members by 1<sup>st</sup> Dec if you need assistance to find a group.

You can visit the website for more info

[www.greensbiodiversitysanctuary.com](http://www.greensbiodiversitysanctuary.com)



### DECEMBER

Shoshan Cheriyan	2 <sup>nd</sup>
Shanu M Khanna	3 <sup>rd</sup>
Chandrakala Gidia	7 <sup>th</sup>
Ranu Palsani	10 <sup>th</sup>
Sudha T	10 <sup>th</sup>
Champa Kalkura	15 <sup>th</sup>
Uma Arun	15 <sup>th</sup>
Bhargavi Satheesh	20 <sup>th</sup>
Neeraja Arjun	21 <sup>st</sup>
Kumudha Vinodkumar	22 <sup>nd</sup>
Leena Ravindranath	31 <sup>st</sup>



### The Executive Committee

**Mythily Ramanan - 98430 54925**  
**Rajalakshmi Rajesh- 97910 13401**  
**Rajeshwari Ramakrishnan- 2415687**  
**Subha Rengarajan - 98424 08099**  
**Vidhya Madhan- 99444 52100**  
**Vrinda Ramanan- 94432 59747**  
**Supported by-**  
**Smitha Ananth 9443840990**

### To Reach us ...

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